

Free Training BE SMART ABOUT YOUR HEALTH



Manage it online

Every Wednesday



**Raleigh House, 14 Nelson Rd,
New Malden KT3 5EA
till 26th Feb 2020**

One to one training - up to 3 sessions per person

1-2pm

2.15- 3.15pm

3.30 - 4.30pm

**Booking Essential ask
a member of staff
or call Superhighways
on 0208 255 8040**

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On your mobile, tablet or a PC

