

Part two

Tools

Tips

Accessibility



The plan



Welcome and intro

- Poll

Making devices accessible

- Changing settings – windows, tablets and phones

Useful features in Office 365

- Easy reader, captions, videos

More apps

- Collaborative – Jamboard & google documents



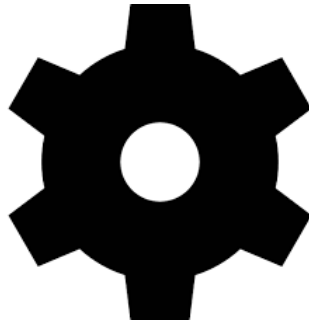
One app you would not be without

- Name of APP
- What did you use it for?
- Would you recommend using it with people you work with?



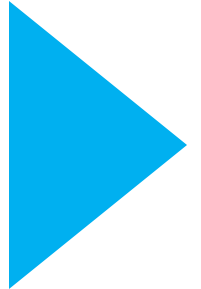


Enablers – settings and meetings





Improving accessibility – Windows



Live Demo



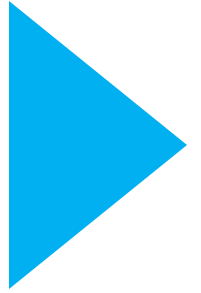
Operating systems– phones & tablets



android



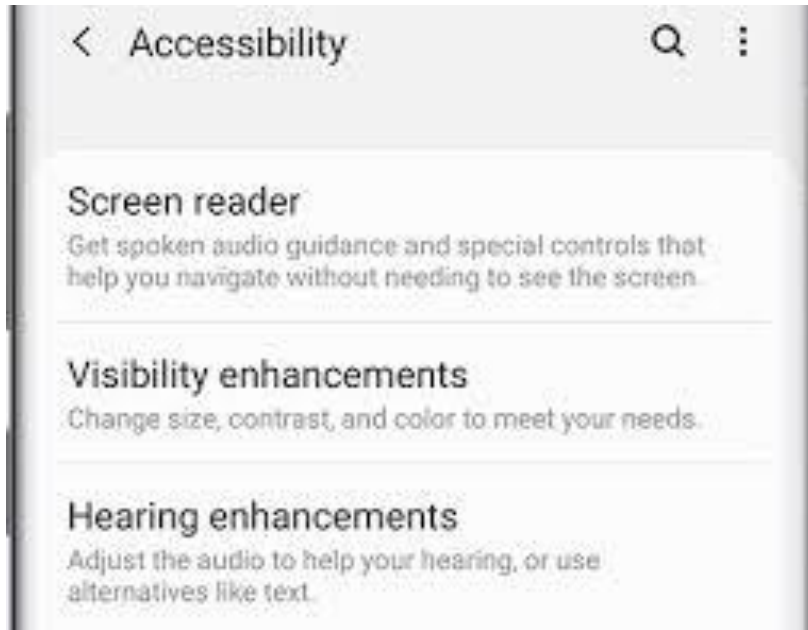
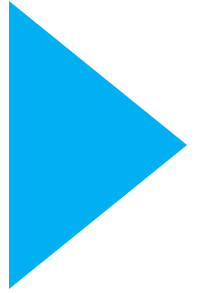
Improving accessibility – Android



SAMSUNG



Improving accessibility – Android



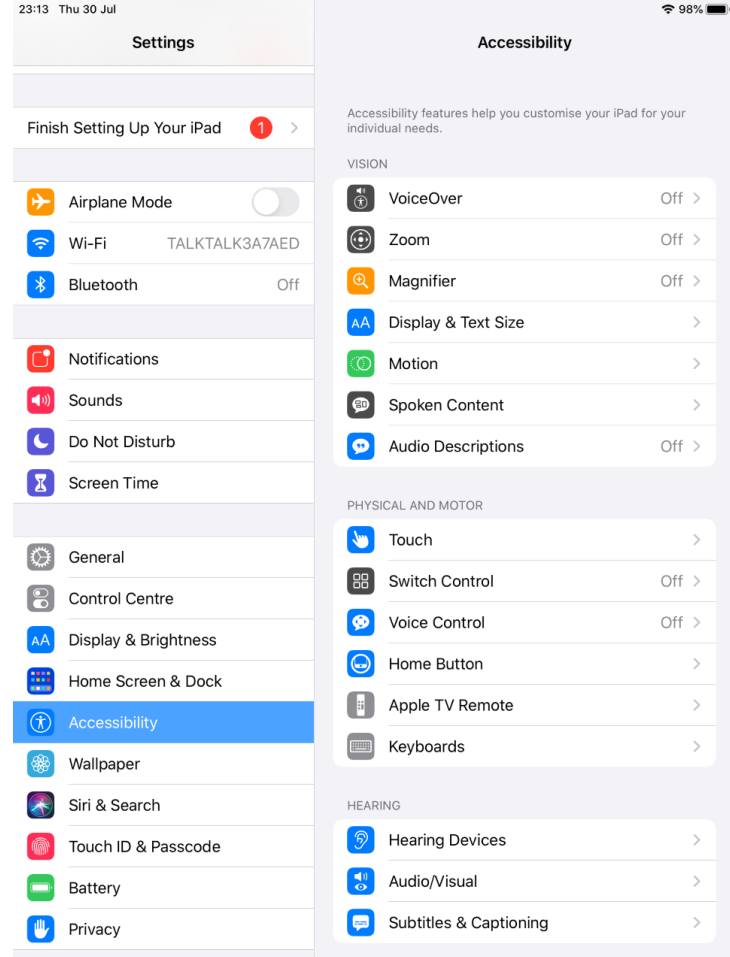
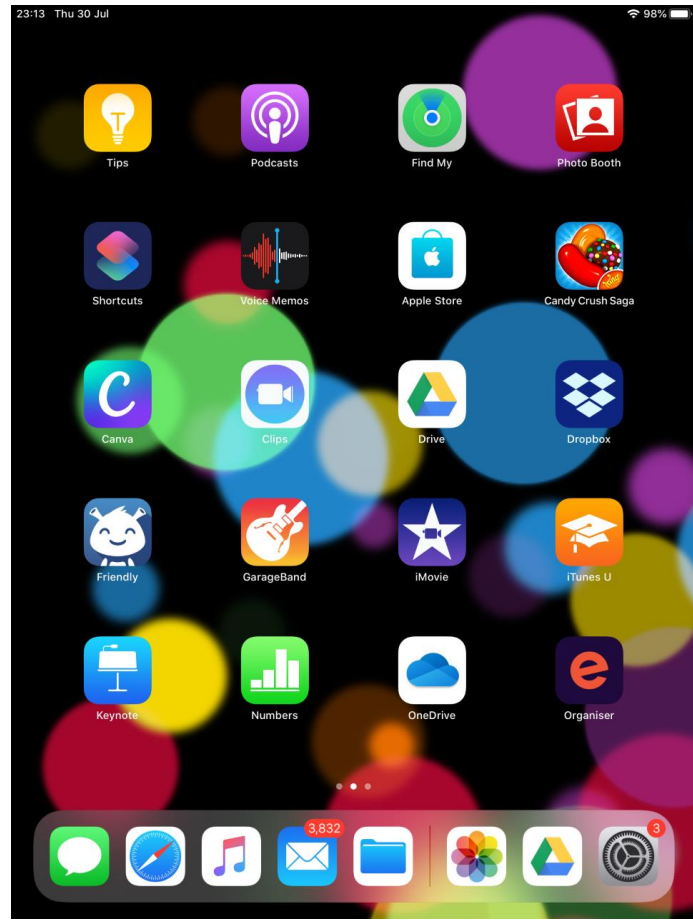
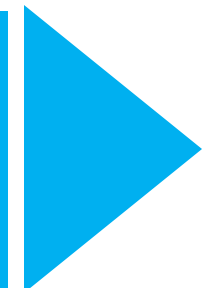
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Improving accessibility – Apple



Improving accessibility – Apple



Improving accessibility – Digital Assistants

What do you think about them/

Do you use them?

Gimmick or here to stay?





Accessibility Captioning

Google Meet
Easy
Punctuation is
good
Speak clearly

1 | 12:14 PM | You

You
Hello. I want to show you how captions work.

Turn off captions | Present now





Captioning using Teams

A screenshot of the Microsoft Teams meeting interface. The 'More options' menu is open, and the option 'Turn on live captions (preview, English US only)' is highlighted. Other options in the menu include 'Show device settings', 'Show meeting notes', 'Info pane is disabled by policies', 'Enter full-screen', 'Show background effects', 'Keypad', 'Start recording', 'End meeting', and 'Turn off incoming video'. The bottom toolbar shows icons for video, microphone, screen sharing, a menu, hand raise, chat, participants, and end meeting. A timer in the bottom left corner shows '03:11'.

Be careful of background (white writing)

Always get permission, if you are going to record

You can use functionality of video and captions from online meetings software to create training step by step videos

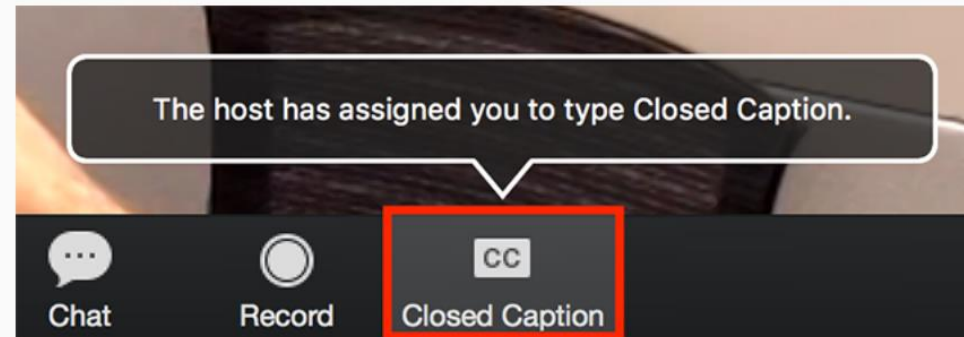




Zoom captioning – not so easy!

Entering closed captions as a participant

1. Once the host assigns you the ability to type closed captions, a notification will appear in your meeting controls.



You'll need to buy a third party app for auto transcription

E.g. Otter.ai

Or type live with 'closed captions' by assigning a co-host

Embed transcript afterwards

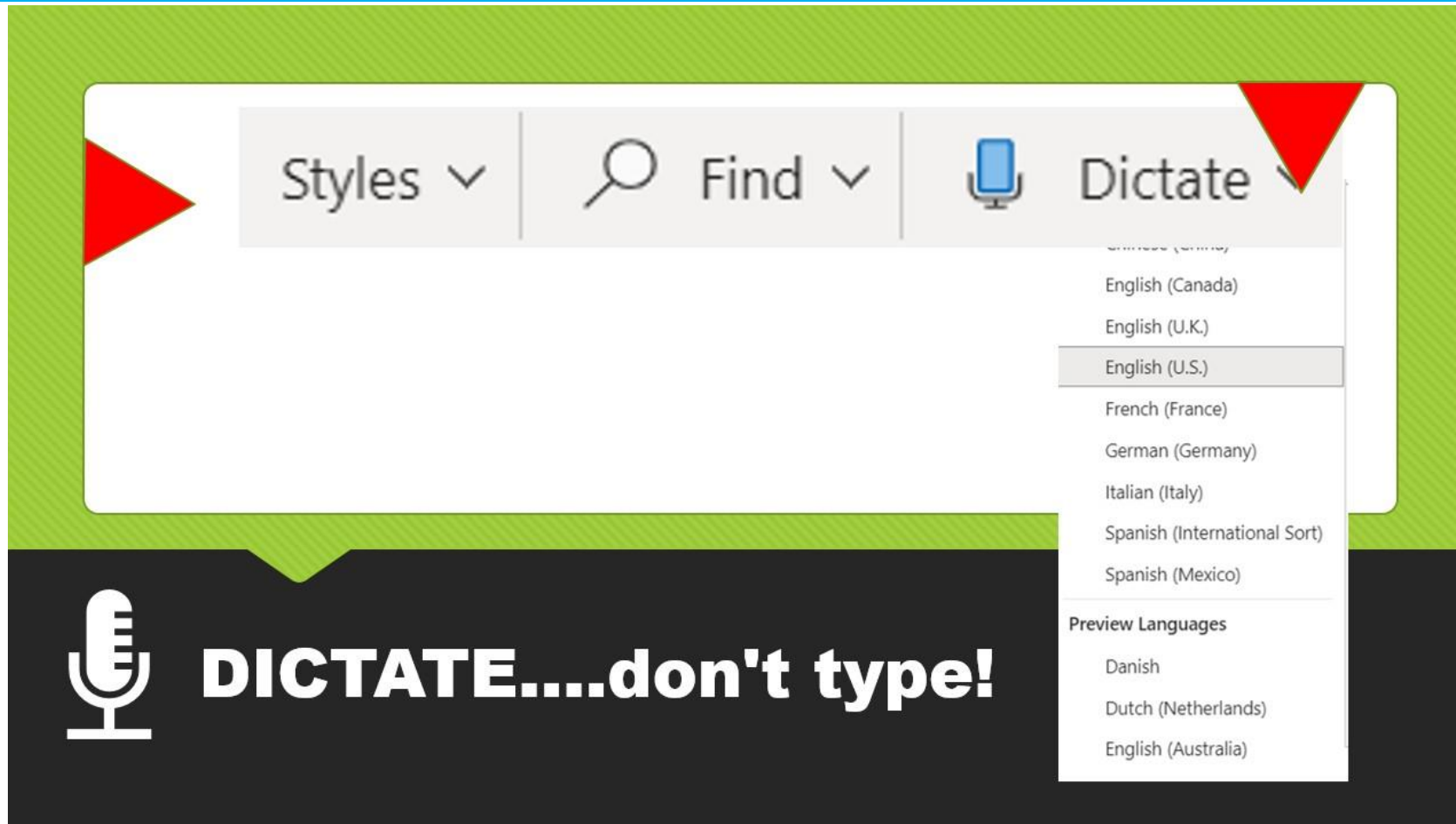


Top tips for accessibility

- **What do you send beforehand?**
- **What do you ask on booking?**
- **Captioning? Translated?**
- **Zoom – add clickable link to invite**
- **Time to help people who are less digitally confident**
- **Explain diagrams on screen**
- **Simple slides, less text**



Ease of Use – talk don't type




The image shows a screenshot of the Microsoft Word ribbon. The 'Dictate' button, which includes a microphone icon, is highlighted with a red triangle. The dropdown menu is open, showing a list of languages. 'English (U.S.)' is selected and highlighted. Below the main list, there is a section for 'Preview Languages' which includes Danish, Dutch (Netherlands), and English (Australia).

Dictate ▾

- English (U.S.)
- English (Canada)
- English (U.K.)
- English (U.S.)
- French (France)
- German (Germany)
- Italian (Italy)
- Spanish (International Sort)
- Spanish (Mexico)

Preview Languages

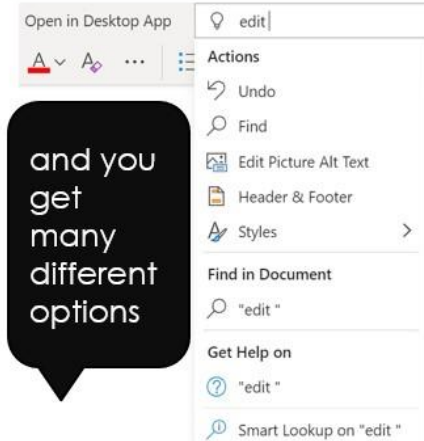
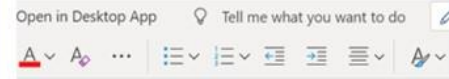
- Danish
- Dutch (Netherlands)
- English (Australia)

 **Dictate....don't type!**

Ease of Use – talk to your software



Great New feature located in the toolbar next to the light bulb. Just start typing.....



and you get many different options

Tell me what you want to do.....



Ease of Use – the immersive reader

The screenshot displays the Immersive Reader application interface. At the top, a blue header contains the title "Ease of Use – the immersive reader". Below this, the application window shows a dark background with the text "What is the word for car in French?". The word "car" is highlighted with a dashed box, and a context menu is open over it. The menu includes a speaker icon and the word "car", a section for "French" with a speaker icon and the translation "la voiture", and a small image of a car. At the bottom of the application window, there are navigation icons: a play button and a settings gear. Below the application window, a Microsoft Word ribbon is visible, with the "View" tab selected. A red arrow points to the "View" tab, and another red arrow points to the "Immersive Reader" button in the ribbon. A text box above the ribbon says "To open click the View Menu".

Immersive Reader

What is the word for car in French?

car

French

la voiture

car

To open click the View Menu

File Home Insert Layout References Review View

Reading View Immersive Reader Zoom 100% 100%

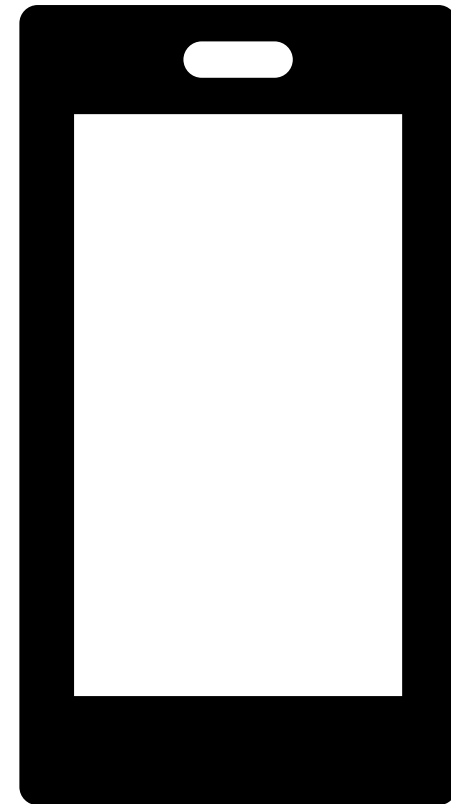
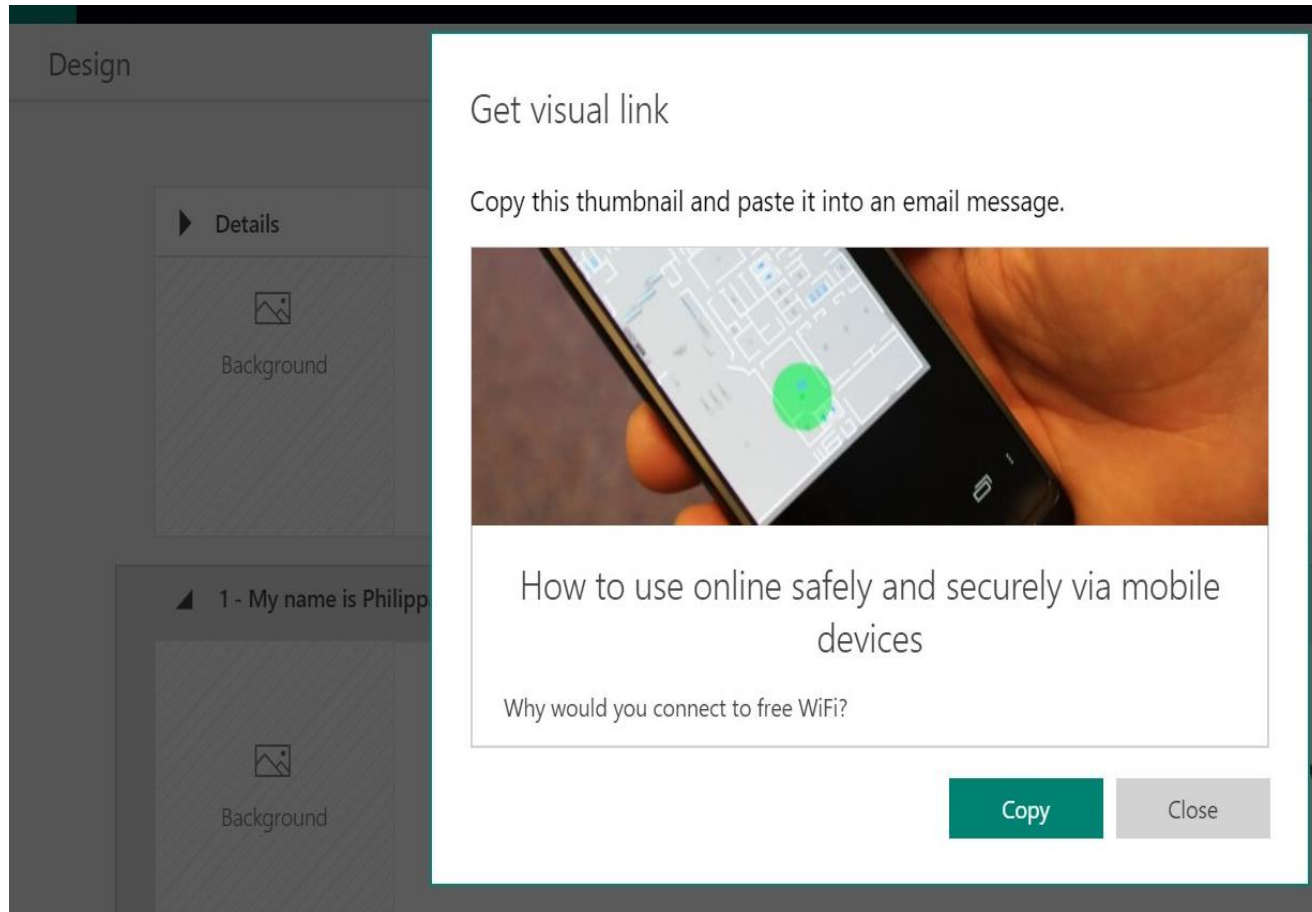


Content creation





Cross platform content

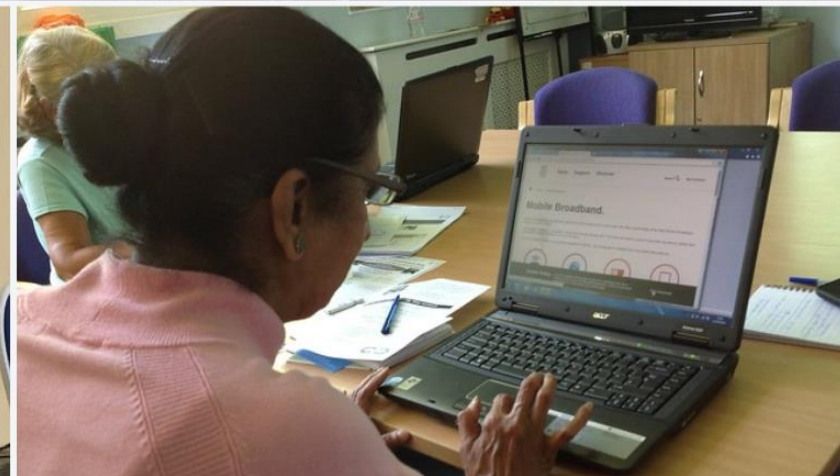


[Link to MS Sway - you can edit it](#)





Capture and Curate





Don't be pixel perfect



Refugee Action Kingston - Video Hello (Eng, Arabic, Kurdish)



Create beautiful resources

NHS Digital Tools Library Recommended Health Apps



Mental Health



Improve your wellbeing with **Chill Panda**. The app measures your heart rate and suggests tasks to suit your state of mind. Free



Cove lets you create music to capture your mood using sounds to reflect emotions like, sadness, calm and anger. Free



Cypher is a space to share your feelings and secrets, give and receive support, and connect to other support organisations. Free



Bluelice is an evidenced-based app to help young people manage their emotions and reduce urges to self-harm. Free



Kooth provides free and anonymous support for children and young people in Kingston borough. Free



Stress & Anxiety Companion helps you handle stress and anxiety on-the-go. Using breathing exercises, relaxing music and games. £2.99

Dementia



Talking Point provides a space for you to ask questions, share experiences about any aspect of dementia. Free



Rally Round is a secure online tool that allows family, friends and carers to organise support for an older person. Free

Diabetes



Mapmydiabetes has information, guidance, & self-help tools to support your management of type 2 diabetes. Free



MumoActive makes tracking your type 1 diabetes quick and easy so you can get on with your life. Free



Oviva app offers personalised support from a specialist dietitian to help you improve your health. Free via GP



Learning Disability



My Health Guide is an easy-to-use communication tool for adults with learning disabilities. £12 pa



MyChoicePad has over 4,000 symbols and signs from the Makaton language to communicate feelings, choices and needs. £4.99 pm

Pregnancy & Baby



The **British Red Cross Baby and Child First Aid** app provides simple, easy-to-learn skills to help a baby or child in a first aid emergency. Free



Use the **Kicks Count** app to keep track of your baby's movements in the womb and look out for any changes. Free



The **Peanut** app makes it easy for mothers to meet up, share parenting advice and support each other. Find local, like-minded mothers. Free



Squeazy helps women to remember to do their pelvic floor muscle (kegel) exercises and to do them in the right way. Free

Healthy Living



The **Active 10** app will help you get into the habit of walking briskly for 10 minutes every day.



Use the **NHS BMI calculator** to measure and track your weight. Find out if you're underweight, a healthy weight or overweight and get relevant advice. Free



The **Change4Life Food Scanner** app lets you scan the sugar, saturated fat and salt in everyday foods and drinks. Free



Couch to 5K is designed to get you off the couch and running 5km in just nine weeks. Free



NHS Smokefree 28-day plan helps people stop smoking for good. You get daily messages to keep you motivated, badges to reward your progress. Free



Smart Recipes - search many easy, calorie-counted recipes across breakfast, lunch, dinner, and snacks, feeding a family of 4 for around £5. Free



The **Student Health App** provides easy access to more than 900 pages of reliable health information all in one place.

Free



A to Z recorder



5-minute break coming up

When you come back, you will be in a breakout room!



Breakout activity – digital prescriptions



1. Read the case studies and discuss with your group – **file uploaded into Zoom chat**
2. What digital skills do they need?
3. Which apps would you use?
4. Add your group's ideas to the Jamboard via post it notes or even add the icons from the apps you recommend

15 minutes



Reflections on the activity?





Collaborate with us

Designing a new approach to digital learning

- Engaging
- Meaningful activities,
- User led,
- Relevant to your service users
- Interesting
- Place-based
- ????????

Add your ideas for [training courses here](#):

