



85 clients supported

Anxiety
Depression
Bereavement
Relationship breakdown
Stress

Presenting issues



20 Counsellors

We are the only counselling service in Croydon providing communities with long term counselling and fees based on the ability to pay



50%

referrals from GPs, mental health services & local charities



16

days waiting time for assessment



65%

receive counselling for over 6 months



12

clients receiving a counselling bursary

Our achievements



1344 hours of counselling provision



reaching our diverse local community



60% felt mental health has improved