

AI for Fundraising, Jan 2026

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Prompt used:

Funding opportunities for charities and community organisations in London that provide counselling, mental health support or related wellbeing services.

Comparing responses from Chat GPT, Copilot and Grant Finder

Chat GTP

Funding opportunities for charities and community organisations in London that provide counselling, mental health support or related wellbeing services.

Here are **current and relevant funding opportunities** for charities and community organisations in **London** that are focused on counselling, mental health support or broader wellbeing services — especially ones that small-to-medium voluntary groups might apply for or benefit from:

🎯 Major Open Funding & Grants

1. London City Hall — Mentoring & Mental Health Support Programme

- **Who it's for:** Voluntary, community and social enterprise (VCSE) organisations or consortiums with expertise in youth or mental health support.
- **What it funds:** Delivery of mentoring and mental health support services for young Londoners, helping mentors and professionals strengthen capacity and wellbeing outcomes.
- **Grant size:** Up to £140,000 for 12 months (with option for extension).
- **Application window:** Open 5 January – 2 February 2026.
- **Useful for:** Projects with strong mentoring, early intervention and mental wellbeing outcomes.

London City Hall

💡 Community & Local Grants (Smaller & Flexible)

2. London Community Foundation

- **Who it's for:** Grassroots and community-led organisations across **all 32 London boroughs**.
- **What it funds:** A wide range of community impact projects — including those involving mental wellbeing, social connection and health improvement. Grants typically range from **£500 to £50,000**, depending on funder partnerships and priorities.
- **Note:** They manage several funds (local wellbeing funds, small project pots, intermediate grants).

[Wikipedia](#)

3. Lambeth Wellbeing Fund (Lambeth Community Foundation)

- **Who it's for:** Community-led organisations improving **health and wellbeing** for adults in Lambeth.
- **Grant size:** Around **£1,000–£5,000**.
- **What it funds:** Projects that increase independence, resilience, reduce isolation and strengthen community ties *via wellbeing activities*.
- **Deadline (latest round):** 20 January 2026 (check if re-opened in your cycle). [www2.fundsform...](#)

4. Sangam Foundation Grants

- **Who it's for:** UK charities, community organisations, CICs with aligned missions.
- **Types of support:**
 - *People's Projects:* £300 – £10,000 (short-term initiatives)
 - *Community Award:* £5,000 – £150,000 over three years (longer service delivery).
- **Focus areas:** Includes improving mental and physical wellbeing and advancing social welfare.

[sangamfoundati...](#)

🤝 Other Potential Funders & Programmes

Many trusts and community grant-makers *may not be specific to mental health*, but often fund wellbeing or community support work, which can include counselling, peer support, and resilience programmes.

5. Leathersellers' Company Charitable Fund

- Grants for UK-registered charities (often including those benefiting Londoners), up to around **£3,000 (small grant)** or higher with a fuller application. Useful for core costs or pilot services. [Westminster Cit...](#)

6. London Catalyst Grants

- Smaller hardship or hardship-related funds that can support advice and social support services, including aspects of mental health engagement. [Love Lambeth](#)



7. Trust for London

- Provides a range of grants focusing on tackling inequality and poverty — includes smaller grassroots funding pots as well as larger awards for organisations with a strong community focus (may cover wellbeing projects). Love Lambeth

8. Other Local & Corporate Foundation Funds

Many boroughs and local trusts (e.g., LandAid Charitable Trust, Derwent London Community Fund, etc.) offer general community project grants (£1,000–£150,000) that organisations can adapt toward mental health-related activities (social inclusion, destigmatisation projects, wellness spaces, peer support etc.). Love Lambeth +1

👉 Tips for Finding & Securing Funding

- Check rolling and upcoming deadlines:** Many community funds operate on cycles — so even if one deadline has passed, similar funds often re-open annually.
- Local authority grants:** Borough councils across London have small grants for VCS (voluntary/community sectors) that can be tailored to wellbeing work.
- Partnerships:** Some funds (especially larger ones) prefer consortium bids or partnerships with established providers.

If you'd like, I can also provide a curated list of specific trust funds and foundations that prioritise mental health or wellbeing (with typical grant sizes and eligibility), or help draft a grant application summary for any of these opportunities — just let me know!

Microsoft 365 Copilot

London currently offers several strong funding routes for charities and community groups delivering counselling, mental-health, and wellbeing services. The most active opportunities include City Hall programmes, NHS-linked grants, borough-level community funds, and specialist mental-health funders.

Below is a structured, citation-based overview of the opportunities surfaced in the latest search results.

Key Funding Opportunities in London (Mental Health, Counselling & Wellbeing)

1. City Hall – Mentoring & Mental Health Support Programme (2026–27)

- Grant up to £140,000** for organisations delivering mentoring and mental-health support for young people.
- Open to **VCSE organisations and consortia**.
- Delivery from **March 2026**.
- Application window: **5 Jan – 2 Feb 2026** London City Hall +1.

2. City Hall – Mentoring & Mental Health Support Programme Prospectus (2025–26)

- **One grant of up to £140,000** for a 12-month pilot supporting youth emotional resilience and mental-health skills.
- For **VCSE organisations with strong youth-work and mental-health expertise**.
- Delivery: **March 2026–March 2027**, with possible extension to 2028 [London City Hall](#).

3. Community Solutions Grant (2025–2027) – Young K&C, Young Westminster Foundation & NHS NW London ICB

- **£640,000 grant pot** focused on improving mental-health awareness in **Global Majority communities**.
- Supports projects improving access and uptake of mental-health services for young people and families.
- Grant length: **2 years (Apr 2025–Mar 2027)**.
- Deadline: **5 March 2026** [Young K&C](#).

4. Maudsley Charity – Mental Health Grants (South London)

- **Funding for mental-health innovation** across South London, including community-sector projects.
- Supports work aligned with South London & Maudsley NHS Trust and King's College London.

- Focus on **equity, community mental-health, and system improvement** [Maudsley Charity](#).

5. London Community Foundation – Borough-Level Grants

- **Multiple local grant programmes** supporting wellbeing, community resilience, and health equity.
- Example: **Lambeth Community Fund**, supporting projects that make the borough healthier and safer.
- Regular new funds announced via monthly bulletin [London Communit...](#).

Comparison Table: Which Fund Fits Which Type of Organisation?

| Funding Opportunity | Best For | Grant Size | Focus Area | Delivery Area |
|--|--|----------------|-----------------------------------|------------------------------------|
| City Hall Mentoring & Mental Health Support (2026–27) | Youth-focused VCSE groups | Up to £140k | Mentoring + mental-health support | London-wide |
| City Hall Pilot Programme (2025–26) | Organisations with youth-work expertise | Up to £140k | Emotional resilience & wellbeing | London-wide |
| Community Solutions Grant (2025–27) | Groups serving Global Majority communities | £640k pot | Mental-health awareness & access | Kensington & Chelsea & Westminster |
| Maudsley Charity Grants | South London mental-health projects | Varies | Mental-health system improvement | South London |
| London Community Foundation Grants | Local community wellbeing projects | Varies by fund | Health, equity, community support | Borough-specific |

Sources: [London City Hall +4](#)

Grant Finder

GrantFinder

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Funding ▾ "Counselling" "mental health" "wellbeing" [Search tips](#)

Funding results [Page tour](#)

64 items found. Page 1 of 7.

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City of London and Hackney – Mental Health Support for Asylum Seekers Fund

City and Hackney Public Health Service

Fund categories

Grants are available for voluntary, community, and social enterprise sector organisations across the City of London and Hackney to deliver projects and activities that improve the **mental health** and **wellbeing** of people seeking asylum in hotels run by the Home Office.

 Show more descriptionFund status
Closed to ApplicationsMaximum value
£ 12,000Current deadline
-Item status
Not saved Select

North Central East London – Children and Young People's Mental Health Grants

NHS East London Foundation Trust

Fund categories

Grants are available for VCSE organisations operating in North Central East London to deliver projects and activities aimed at supporting the **mental health** needs of children and young people.

This fund aims to support initiatives focused on children and young people's **mental health** with the goal of reducing inequalities in care and preventing hospital admissions.

Fund status
Closed to ApplicationsMaximum value
£ 50,000Current deadline
-Item status
Not saved Select

Albert Hunt Trust

Albert Hunt Trust

Fund categories

Grants are available to local registered charities in the UK that provide hospice care, provide support for the homeless or promote health and wellbeing.

Core funding is available to support local charities throughout the UK that:

- Provide hospice care - this is a priority area.
- Provide support for the homeless.
- Promote health and wellbeing for areas such as family support, such as Home Start, children and young people **counselling** services, suicide prevention, specific carers support, cancer support, prisoner support and rehabilitation, community centres, food banks and debt advice. From October 2024, priority is being given to services that support children and young adults up to the age of 25, not to organisations providing adult mental health support.

Fund status
Open for ApplicationsMaximum value
£ 30,000Current deadline
-Item status
Not saved

Select



Asda Foundation – Young Futures Fund

ASDA Foundation

Fund categories

Updated Upcoming deadline

Grants are available for grassroots groups in the UK to improve the mental health and wellbeing of disadvantaged teenagers (13 to 18 years old) to help build better futures for them.

Show more description

Fund status

Open for Applications

Maximum value

£ 1,000

Current deadline

20/01/2026

Item status

Not saved