

Get digital skills support + Free Data Sim cards for residents

Basic Digital Skills Training – one to one support

Superhighways offers a range of different training support options for helping residents and community with digital skills.

Book an appointment – for a Kingston resident

If you are a community group you can book an initial meeting with me, Philippa Leary for your client/service user. This is an informal chat, to see what problems can be solved over the phone and to fix some dates for follow up sessions. I am in Kingston every Tuesday and can-do face to face training by prior arrangement.

How to book: Call 020 8255 3335 or email philippaleary@superhighways.org.uk

Basic skills training with a health focus

Alternatively, you can also book an appointment using Connected Kingston to refer a resident to our digital skill for better health. It's a one to one skills training to help searching health information online; booking GP appointments; and using apps for everyday healthy activities.

How to book: Search [Kingston Digital Health Hubs](#) on Connected Kingston. Or call 020 8255 3335 if you need any help.

FREE Data sim card with up to 6 months' data included

Thanks to the new National Databank, you can refer residents onto this project. Each referee will receive 6 months' free data from one of 3 network providers – Vodaphone, Virgin 02 or Three Network.

Eligibility –Over 18 years old and from a Low Income Household

How to apply- [Use this form to refer up to 5 people at one time](#) or email philippaleary@superhighways.org.uk or call 020 8255 3335 if you need any help.

Get Digital Support for Your Team – one to one support

Support with software, apps or advice on websites, marketing and digital inclusion issues.

Book an appointment: [Use this link to book an online session](#) on a Thursday in my calendar so we can look at the issues together.